



Primary PSHE CURRICULUM MAP

My Future! What's next?

Secondary Success!



Celebrating Differences
S3.1. I can explain ways in which difference can be a source of conflict or a cause for celebration.

Dreams and Goals
S3.1. I can explain different ways to work with others, to make the world a better place.

Healthy Me
S3.1. I can explain when substances including alcohol are being used anti-socially or being misused, and the impact this can have on an individual and others.

Relationships
S3.1. I can identify when people may be experiencing feelings associated with loss and also recognise when people are trying to gain power or control.

Changing Me
S3.1. I can describe how a baby develops from conception through 9 months of pregnancy, and how it is born.



Being Me in My World
3.1. I can explain how my choices can have an impact on people in my community and globally.



Changing Me
S2.4. I can summarise the process of conception.

Relationships
S2.4 I can explain how to stay safe when using technology to communicate with my friends, including how to stand up for myself, negotiate and to resist peer pressure.

Healthy Me
S2.4. I can explain how people can develop eating problems (disorders) relating to body image pressures and how smoking and alcohol misuse is unhealthy.

Dreams and Goals
S2.3. I can compare my hopes and dreams with those of young people from different cultures.



Dreams and Goals
2.2. I can plan and set new goals, even after disappointment.

Healthy Me
2.2/2.3. I can recognise when people are putting me under pressure and can explain ways to resist this when I want to.

Relationships
2.2/2.3. I can recognise how people are feeling when they miss a special person or animal.

Changing Me
2.2/2.3. I can explain how boys and girls change during puberty and why looking after myself physically and emotionally is important.



Being Me in My World
2.3. I can compare my life with other people in my country and why we have rules, rights and responsibilities to try and make the school and the wider community a fair place.

Celebrating differences
S2.4 I can explain differences between direct and indirect types of bullying and can offer a range of strategies to help myself and others, if we become involved in a situation.

Celebrating differences
2.2 I can tell you a time when my first impression of someone has changed, as I got to know them.



S2.3. I can explain why bullying might be difficult to spot and what to do about it if I am not sure.

Being Me in My World
2.2. I can explain why being listened to and listening to others is important in my school community.



Changing Me
2.1. I can explain how boys' and girls' bodies change on the inside/outside during the growing up process.

Relationships
2.1. I can explain how my life is influenced positively by people I know

Healthy Me
2.1. I can identify things, people and places that I need to keep safe from, and can tell you strategies for keeping myself safe and healthy, including who to go to for help.

Dreams and Goals
2.1. I can explain the different ways that help me learn.



Healthy Me
1.2. I can explain why foods and medicines can be good for my body, comparing my ideas with less healthy/unsafe choices.

Relationships
1.2. I can explain why some things might make me feel uncomfortable in a relationship and compare this to relationships that make me feel safe and special.

Changing Me
1.2. I can use the correct terms to describe penis, testicles, anus and vagina and explain why they are private.



Being Me in My World
2.1. I can explain how my behaviour can affect how others feel.

Celebrating Differences
2.1. I can describe different conflicts that might happen in family or friendship groups and how words can be used in hurtful or kind ways when conflicts happen.



Dreams and Goals
1.2. I can explain how I played my part in a group and the parts other people played to create an end product. I can talk about a range of feelings about group work.

Celebrating differences
1.2. I can explain that sometimes people get bullied because they are seen as different; this might include people

Being Me in My World
1.2. I can explain why my behaviour can impact on other people in my class.



Being Me in My World

Celebrating Difference

Dreams & Goals

Healthy Me

Relationships

Changing Me