

My Future! What's next?

College
Work
Success!



<p>Celebrating Differences 5.2 I can discuss the variety of people in the world, who I may meet in my future and how I can manage, if we have different views and opinions; especially in the workplace.</p>	<p>Dreams and Goals 5.2. I recognise that my future is more than just a career; it also involves family, social life, money and health. I can state some of my goals in these aspects of my life.</p>	<p>Healthy Me 5.2. I can recognise some key STIs and know about appropriate treatment for them. I can give some examples of behaviours that do not conform to a healthy sexual relationship.</p>	<p>ALMOST DONE! Exams Work experience Leavers Trip Leavers Assembly</p>
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<p>Being Me in My World 5.2 I can outline the legal and moral restriction on my behaviour, relationships and lifestyle and give examples of what I am legally allowed to do or prevented from doing. I know basic first aid.</p>	<p>YEAR 11</p>	<p>Changing Me 5.1 I can describe issues concerning gender identity. I can list sources of advice and support for young people.</p>	<p>Relationships 5.1 I can also state what makes a relationship inappropriate and apply this to different types of relationships.</p>	<p>Healthy Me 5.1. I can state some of the potential threats to my health, both now and in the future and am aware of the link between mental and physical well-being.</p>	<p>Dreams and Goals I can state aspects of my relationship and life that hinder me in achieving my goals. I can identify the difference between realistic and unrealistic dreams and goals.</p>
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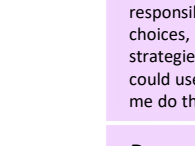
<p>Dreams and Goals 4.3. I can list some attitudes and beliefs that may help me achieve my goals and those that might prevent me from doing so.</p>	<p>Healthy Me 4.3. I can say how substance and alcohol affect decision-making and give examples of potential consequences if this were to happen.</p>	<p>Relationships 4.2. I can tell you why it is important to make informed choices when considering having sex.</p>	<p>Changing Me 4.3. I can list ways in which change can affect my mental health and can state some things I can do to cope with change.</p>	<p>YEAR 10</p>	<p>Being Me in My World 5.1 I can say what the Human Rights Act means. I can state the stages of grief.</p>	<p>Celebrating differences 5.1. I can explain the Equality Act and how it protects a range of groups in society from abuses of power and discrimination.</p>
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<p>Celebrating differences 4.3. I can give an example of prejudice and discrimination and how this could lead to bullying.</p>	<p>Being Me in My World 4.3 I can state ways in which my identity and self-esteem can be influenced positively and negatively by my relationship choices. I can give examples of risky behaviour.</p>	<p>YEAR 9</p>	<p>Changing Me 4.2. I can explain the difference between a crush and a deeper romantic relationship.</p>	<p>Relationships 4.1 I can recognise different factors that contribute to a positive or negative relationship.</p>	<p>Healthy Me 4.2. I can give examples of responsible choices that I can make to support my physical and emotional/mental health.</p>	<p>Dreams and Goals 4.2. I can give an example of one of my short-term goals, medium-term goals and long-term goal, and suggest what I need to do and avoid doing if I am to achieve these.</p>
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<p>Healthy Me S3.2. I can explain why it is important to express my feelings and manage them positively to help me make responsible choices, I can offer strategies that I could use to help me do this.</p>	<p>Relationships S3.2. I can explain a range of feelings that people may experience within different social groups and social contexts and how this may relate to their behaviour.</p>	<p>Changing Me S3.2. I can explain why some personal and family changes happen.</p>	<p>YEAR 8</p>	<p>Being Me in My World 4.2. I can give you some examples of things that can influence a person's identity.</p>	<p>Celebrating differences 4.1. I can say what stereotyping, prejudice and discrimination are and give examples of each. I can identify what is and isn't bullying and I can say why it is important to respect others.</p>
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<p>Dreams and Goals S3.2. I can explain how internal and external factors might effect my dreams and goals.</p>	<p>Celebrating differences S3.3. I can challenge my own and others attitudes and values and accept differences in others.</p>	<p>Being Me in My World S3.2. I can explain why different forms of positive and negative prejudice and discrimination happen.</p>	<p>YEAR 7</p>
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