



St. Anthony's

SPECIALIST SCHOOL ●●●

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5th February 2021

Adverse weather is forecast for this weekend – please check the website for information if there is substantial snowfall.

Children's Mental Health Week

Children's Mental Health Week took place this week. So in school this week, we are discussing good and bad mental health and how we all have these as a normal part of life, little things we can do to help ourselves and each other, doing little things to cheer each other up.

Here are Blyton and Potter classes enjoying Hot Chocolate and Marshmallows and treats!



The theme of this year's Children's Mental Health Week is Express Yourself.

Expressing yourself is about finding ways to share feelings, thoughts, or ideas through creativity. This could be through art, music, writing and poetry, dance and drama, photography and film, and doing activities that make you feel good. Find out more:

<https://www.childrensmentalhealthweek.org.uk/schools-and-youth-groups/>

<https://www.ditchthelabel.org/101-ultimate-ways-chill-reduce-stress/>

On the Kent Resilience Hub, there is lots of information and ideas for parents and children

<https://kentresiliencehub.org.uk/>

DT Competition – Paper Airplanes

This term's house competition was Design Technology focus with designing a paper airplane that could fly the farthest. DT lessons this term led by Derek and Liz have looked at the design and testing of different models. Pupils created an interesting and wide range of designs.



Results - All On Distance.

Primary. 1st - Toby F. 2nd - Thomas A. 3rd - Brandon C.
KS3. 1st - Kaleb W. 2nd - Nikita L. 3rd - Ryan D

Staff. Joint 1st - Donna H and Josh S.

Overall best for distance travelled in a straight line - Toby F.
Special Mention Ryan and Cameron whose designs flew wonderful, unfortunately after sailing straight did a big loop and flew back over their heads.

Exams

In readiness for the Term 5, 19th April, we have begun to put together a timetable of Mathematics and English examinations for our year 11 students. We will have Early Entry Level 1 and 2 examinations for maths, reading and writing taking place on the 26th, 27th, and 28th April, and are looking forward to all our students achieving passes in both Maths and English.

School will be open as normal to all students, we hope, during April – with just a little more excitement for the year 11's that week.

Next Tuesday, 9th February, is Safer Internet Day. We will be looking at ways that we can keep ourselves safe on line.

Next Friday 12th February is the last day of term 3, normal school times. Term 4 will begin on Monday 22nd February.

Please remember to – **Wash hands – Cover face – Make space**



Robert Page
Headteacher

Support for families

[Further government support](#) is available for families who are struggling because of coronavirus (COVID-19). If families need urgent help, they can [contact their local council](#) to find out what services are available in their area.

COVID Winter Support

A £170 million [Covid Winter Grant Scheme](#) announced on 8th November 2020 is being run by local authorities in England.

The funding will be ring-fenced, with at least 80% earmarked to support with food and essential utility costs, and will cover the period up to the end of March 2021. Local authorities will receive the funding in the coming month.

It will allow local authorities to directly help the hardest-hit families and individuals over the winter period.

Reducing the chance of catching or spreading the virus in your home

Coronavirus spreads from person to person through small droplets, tiny airborne particles known as aerosols and through direct contact.

To reduce the chance of catching or passing on coronavirus to or from the people you live with, you should:

- wash your hands regularly and for at least 20 seconds
- regularly clean frequently touched surfaces
- make sure you let plenty of fresh air into your home without getting uncomfortably cold. This should be balanced with other considerations such as comfort, safety and security.

There is further guidance on:

- [letting fresh air in](#)
- [grandparents, parents and children living together where someone is at increased risk or has possible or confirmed coronavirus \(COVID-19\) infection](#)
- [households with a possible or confirmed coronavirus infection](#)
- [landlords, tenants and local authorities](#)

Latest Coronavirus (COVID-19) Information for Thanet

National lockdown: stay at home.

- You must stay at home. This is the single most important action we can all take to protect the NHS and save lives.
- You must not leave your home unless necessary.
- Stay 2 metres apart from anyone not in your household or bubble.